



Ansu runs for a very good reason

WEST Perth resident Ansu Alex has a reason to run, or walk rather.

While a dodgy knee prevents her from running, her commitment to fundraising for Lifeline will not stop her from taking part in the 14km Run for a Reason on May 23.

Miss Alex also works for the not-for-profit organisation that offers phone counselling to help prevent suicide, support people in crisis and with

emotional wellbeing.

"This is a great way to support my organisation," she said.

However, Miss Alex would do it for herself as well. "I wanted to do something different, and 14km sounded interesting," she said.

As part of the event, there will be free health checks in Forrest Chase from May 19 to 21 from 8am to 2pm and May 22 from 9am to 4pm.



Ansu Alex is taking part in the Run for a Reason to support Lifeline.