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In training: David Kelly and Buddy out for a trot ahead of Run for a Reason. Picture: Nic Ellis

Volunteer takes up challenge

ROSEMARY MURPHY

Volunteer crisis councillor David Kelly is one of thousands of West Australians who will put on their running shoes for the HBF Run for a Reason next month.

Participants will raise funds for a charity they choose from Arthritis WA, Asthma Foundation WA, Cancer Council WA, Diabetes WA, Heart Foundation WA and Lifeline.

Mr Kelly, of Kalamunda, said he decided to participate in the event to support Lifeline.

"I am committed to supporting Lifeline by raising awareness and funding for the charity," Mr Kelly said.

Mr Kelly has been a volunteer

hbf run
FOR A REASON
Presented by The West Australian

crisis councillor for Lifeline for two years.

He provides phone support to people in crisis and is involved in training new councillors.

The HBF Run for a Reason has two categories, a 14km run and a 4.5km walk. Both start and finish at the WACA Ground.

The course includes the Perth CBD and is a tough physical test.

"It will provide a great personal challenge," Mr Kelly said.