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Musicians find rhythm in their feet

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Professional musicians know all about gruelling training schedules and endless hours of practice but this group of instrumentalists from the West Australian Symphony Orchestra are preparing for a different type of challenge.

The top-tier performers have signed up for next month's HBF Run for a Reason to raise money for six WA charities.

The WASO team will be among



other corporate groups, including Rio Tinto and Officeworks, taking part.

For the first time, participants

from south of the river will be pitted against those from the north to see which side does best.

Last year more than 10,000 people ran in the event. Organisers are hoping for 15,000 runners this year to raise more than \$350,000.

Runners can complete a course of 4.5km or 14km starting and finishing at the WACA.

The HBF Run For a Reason will be held on May 22. To sign up, visit www.hbfrun.com.au.



Different challenge: Jane Serrangeli, Alison Hall, Mary-Ann Bladis, Helen Tuckey, Alex Millier and Joan Wright put on their running shoes for the HBF Run for a Reason to help raise funds for six charities.

Picture: Lee Griffith